






	Round	Distance km	Distance 10KM Start HORW	Marathon / DuoMarathon	Half marathon	10KM							
							Natural Isotonic	Water	Craft Bar	Clif Bloks	Banana	Vivi Kola	Craft Tea
Start		0 km		●	■		● ■	● ■					
Schönbühl	1	4 km		●	■		● ■	● ■					
Kastanienbaum	1	8 km		●	■		● ■	● ■					
Seestrasse	1	10 km		●	■			● ■					
Krienserstrasse	1	13 km		●	■		● ■	● ■	● ■		● ■		
Allmend	1	15 km		●	■			● ■					
Fruuttstrasse	1	17 km		●	■		● ■	● ■	● ■		● ■		
Haldenstrasse	1	20 km		●	■		● ■	● ■					
Haldenstrasse	2	21 km		●			●	●	●		●		
Schönbühl	2	25 km		●			●	●	●	●	●		
Kastanienbaum	2	29 km		●			●	●	●		●		
Seestrasse	2	31 km		●				●			●		
Krienserstrasse	2	34 km	2 km	●		▲	● ▲	● ▲	● ▲	● ▲	● ▲		
Allmend	2	36 km	4 km	●		▲		● ▲				●	
Fruuttstrasse	2	38 km	6 km	●		▲	● ▲	● ▲	● ▲		● ▲		
Haldenstrasse	2	41 km	9 km	●		▲	● ▲	● ▲					
Finish (Verkehrshaus)		42 KM	10 KM	42 KM	21 KM	10 KM		● ■ ▲			● ■ ▲		● ■ ▲